

Radiogram No. 3837

Form 24 for 07.11.02

**Unloading and IMS Tracking of Progress Cargo**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30	CDR, FE-2	BREAKFAST
06:40–07:10	FE-1	
07:10–07:50	FE-1	Acoustic dosimeters – setup for measuring static noise levels
07:30–07:50	CDR, FE-2	Prep for work
07:50–08:05		Daily planning conference ( <i>S-band</i> )
08:05–08:15		Prep for work
08:15–08:35	FE-1	Renal Stone Risk During Space Flight (RENAL): urine collection
08:15–10:45	CDR, FE-2	Unloading and IMS tracking of Progress M-46 cargo
08:35–09:15	FE-1	SUBSA: removal of specimen ampoules
09:15–09:30		SUBSA: data transfer to microdisk drive and resource check
09:30–09:40		SUBSA: videotape removal
09:40–09:50		Microgravity Science Glovebox (MSG): powerdown
09:50–10:50		Physical exercise (TVIS)
10:45–10:50	CDR	Inspection of ???-2 separator
10:50–12:35	FE-2 assist	Fitness test on TVIS
10:50–12:00		
10:50–12:20	FE-1	Physical exercise (RED)
12:00–12:35	FE-2	Maintenance of ???
12:20–12:35	FE-1	Renal Stone Risk During Space Flight (RENAL): urine collection
12:35–13:35		LUNCH
13:35–14:35	CDR, FE-1	SSRMS DOUG overview
13:35–14:15	FE-2	IMS file prep
14:15–14:35	FE-2	Renal Stone Risk During Space Flight (RENAL): urine collection (end)
14:35–16:05	CDR, FE-2	Unloading and IMS tracking of Progress M-46 cargo
14:35–14:55	FE-1	Renal Stone Risk During Space Flight (RENAL): urine collection
14:55–15:10		Renal Stone Risk During Space Flight (RENAL): food intake log
15:10–15:15		IV-CPDS power cycling
16:00–16:10		Setup for PAO event
16:10–16:20		Prep for PAO event
16:20–16:40		PAO event: interview for WTOP (Washington) and Iowa Syndicate ( <i>S-band</i> )
16:40–16:55	FE-1	Daily payload status check
16:40–17:40	CDR	Connecting AGAT monitor to onboard Laptop. Tagup with ground specialist (if necessary.) ( <i>S-band</i> )
16:55–18:15	FE-2	Physical exercise (VELO + RED)
16:55–17:15	FE-1	Renal Stone Risk During Space Flight (RENAL): urine collection
18:15–18:45		Daily plan review
18:45–19:00		Daily planning conference ( <i>S-band</i> )

19:00–19:30		Report prep
19:30–19:40	FE-1	Acoustic dosimeters: recording of data from all dosimeters + power cycling
19:30–20:00	CDR, FE-2	DINNER
19:40–20:00	FE-1	
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

**Note:** See OSTP for references to US activities.

End of radiogram